



Hrvatska mreža "Zdravih gradova"

Croatian healthy cities network

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Report on the activities of the Croatian Healthy Cities Network for the year 2005

All the activities of the CHCN were aimed at fulfilling the mission of the Network; that is, their objective was to support cities that are members of the Network in their efforts to set up and lead respectable projects of Healthy Cities and Healthy Counties, aimed at achieving influence and facilitating the development of social health policy on local and national levels.

1. National

a) Structural changes in the activities of the Network and its Support Centre

Given that renovation of Andrija Štampar School of Public Health was not finished in 2005, the Support Centre of the Croatian Healthy Cities Network operated from alternative premises provided by the Institute of Pharmacology and Medical School on Šalata. The Dean College and the Faculty of the Public School of Health ensured premises for the Support Centre at the School; therefore we hope to move into the premises referred to at the beginning of 2006. In 2005, the Network did not have full-time employees, but contracted consultants and auxiliary staff to carry out program activities. Miss Ana Petrić, who is the Secretary of my Department (for social medicine and organization of health care services) did Network administration. Our financial dealings were conducted by Jadran Export registered bookkeeping service from Zagreb, i.e. by Mrs Jadranka Vukomanović-Pavelić. Due to increased range and diversity of program activities, we contracted part-time associates - journalists, graphic designers, translators, marketing, ecology and public health experts, as well as auxiliary staff, the number of which was larger than in previous years. We pay large contributions for temporary service contracts (gross value is net value increased by almost 105%); however, in my view, presently it is the most efficient form of operation because it provides possibility of hiring the most competent people for each of the Network's activities.

b) Regular annual activities of the Network bring together and link cities, facilitate the exchange of experiences, insights, ideas and activities, advance mutual cooperation and enable the giving (and receiving) of practical assistance and support.

- from 14 to 18 February 2005, a course entitled **“Health in the Community and How to Improve it”** was held in Zagreb, attended by city and/or county coordinators, members of project teams, representatives of city and/or county councils, and other interested persons participating in local Healthy Cities projects from Dubrovnik, Labin, Opatija, Poreč, Pula, Rijeka, Slatina, Split, Vinkovci, Varaždin and Zagreb. During the course, participants from cities or counties that have been in the Healthy Cities movement for a longer period, or have acquired valuable experience from the work they have done so far, share their experience with representatives of new member cities or counties. All participants attend a series of lectures and workshops with the topic of organisation of city/county projects, upgrading cooperation with units of local self-government, inter-sector cooperation, project marketing and financing, media and public relations, and other issues important for the successful participation in the regular activities of the Healthy Cities.
- The ninth **Health Fair** was held in Vinkovci from 22 to 24 April 2005, at the premises of the “VINKOVCI” tennis club in the Lenije Park. There was a rich cultural program at the opening of the Fair, and the public was addressed by the hosts, the Prefect of Vukovar-Srijem County, Mr Nikola Šafer, the Mayor of Vinkovci, Dr. Mladen Karlič, and on behalf of the Prime Minister, the Minister of Health, Neven Ljubičić. This year again the Fair has offered various forums (“Healthy Cities” held by the Croatian Healthy Cities Network, “The Disabled Today in Croatia and the EU” held by disabled people), round tables (such as Patients Today - discussion on national strategy focusing on the patient rights, or the Elderly in Croatia - present situation, needs and existing models of elderly care, or violence reduction through the policeman-in-community project), working meetings (such as Elderly care services improvement), as well as numerous sport and fun activities. The hosts of this year’s Health Fair introduced a series of innovations into the fair program. While the traditional Fair program was being held at the Lenije Park, there were: presentations, forums, workshops, play groups, a show exhibition of products and services which promote health; participants were also offered an alternative program – to participate in a tennis tournament, a bridge tournament, in tournaments intended for individuals with special needs, in a dance workshop provided by TWIST VINKOVCI, and in a workshop entitled: I am in for a dance - dance course and dance party, DJ: Mario Toth. The Green Dream Association organized an eco-concert, whereas more mature participants enjoyed a dinner with a dance show, entertainment program, and a promotion of old roman cookery book. At the press conference, the first issue of the Epoch of Health (magazine published by the Croatian Healthy Cities Network) was presented.
- **Healthy Cities Day** In honour of the 15th anniversary of the successful activity of the Healthy Cities movement in Croatia, 20 May has been celebrated as the HEALTHY CITIES DAY since 2003. This year again, the Healthy Cities Day has been celebrated through activities in cities, and promotion by means of the national and local media, through the TV program Good Morning Croatia, Open Radio, Radio Sljeme and newspaper articles. As an introduction to the Healthy Cities Day, on 3 May, a round table was held at Zagreb Press Hall, with the following topic: Politics and Health: Health in Pre-Election Campaigns. Representatives of institutions and political parties, as well as representatives of all national media were invited to the round table. The occasion was used to present the first issue of the Epoch of Health, magazine published by the Croatian Healthy Cities Network, to the broad public. The first issue referred to was dedicated to the relation between politics and health. Healthy Cities marked their Day by the handing out of posters about the network to citizens, holding press conference at the Project Office, holding Meetings of the City Council, or

Youth City Council, promoting City Health Plan, or holding receptions at the Mayor's office for outstanding volunteers.

- **Twelve Motovun Summer School of Health Promotion** Since its foundation in 1994, the School has held a unique place in professional medical and public health programs. Its trademark has always been focusing on new competences, professional discussions, and opening new areas. This year, the school has continued its good tradition, but it has also taken a major step further - taking on new visual identity, providing better accommodation and equipment, and bursting with school and cultural program. The school was held from 1 to 14 July. During such short time, eight courses were held, with almost 400 participants from Croatia and the countries of the region. Apart from Croatia's leading experts, more than twenty European and US lecturers came to Motovun (from France, Austria, Italy, Norway and Israel).

1. Workshop: Healthy Urban Planning - concept, values, and steps of its local implementation - it was held in Motovun, from 1 to 2 July. There were about 15 participants from Istria County and Krapina-Zagorje County, Dubrovnik, Pula, Rijeka, Vinkovci, and Zagreb. The course addressed the concept, the values, and the steps of local implementation of healthy urban planning. The models of Vinkovci, Pula, and Zagreb showed that healthy urban planning is present in Croatian cities. (Motovun Gazette, no. 45)

2. Workshop: Health Impact Assessment (HIA) - it was held in Motovun, from 2 to 3 July. The workshop addressed the procedures, methods and tools for assessment of influence of policies, programs or projects, related to potential effects on health of the population, and their distribution within the population. Compatibility of HIA with Environment Impact Assessment (EIA), its "older brother", was presented. Given that some European countries already use Health Impact Assessment on national, regional, or local levels, their examples of good practice, especially chosen for this occasion were showcased. During the course, Croatian translation of educational package entitled "Health Impact Assessment", developed through 2-year PHASE project of the EU, was presented. (Motovun Gazette, no.46)

3. "Health and Health Policy" workshop: healthy aging - quality of life of elderly people - it was held in Motovun, from 3 to 7 July. There were about 30 participants from the following counties: Dubrovnik-Neretva, Krapina-Zagorje, Istria, Zagreb, and Osijek-Baranja. This year, the healthy aging course addressed the needs of the elderly as related to health, care, and quality of life. The World Health Organization recommends that, when organizing elderly care, special attention should be paid to active and independent life of the elderly, creating supportive environment and ensuring accessible, sensitive and adequate services. In 2004, Healthy Cities and Healthy Counties in Croatia started a project aimed at developing comprehensive elderly care policy, and creating preconditions (human and organizational infrastructure) for improving elderly care at county level. By the time the course was held, six counties had carried out pilot survey of elderly needs, through interviews and focus groups, and had collected information on available resources for the elderly (i.e. services provided by public and/or private sector in surveyed regions). Based on the detected needs of elderly people, and the list of resources, the participants defined which services are lacking, and which are yet to be developed. (Motovun Gazette, no.47)

4. Workshop: Risk Assessment and Management (in health ecology and public health) - it was held in Motovun, from 6 to 8 July. Risk assessment and management is a new concept in public health. The approach that has been used so far, and was solely epidemiological, proved to be insufficiently fast and operative, whereas the development of new technologies leads to the increased urge for new approaches and competences, precautionary principle evidence based medicine, in health ecology. Therefore, Andrija Štampar School of Public Health and Ecole Nationale de la Sante Publique from Rennes, France, organized a three-week course, the goal of which was to present recent ideas, experiences and implementation of good practice from Croatia and the world, as well as to foster the introducing of new methodology, risk assessment and management into ordinary public health practice in Croatia. The course was organized in two blocks: "Risk Assessment and Management in Croatian

Practice - System or Random Occurrence”, which was organized as presentation of experiences from Croatia and the world; and workshop entitled “How to Introduce Risk Methodology in Public Health Practice in Croatia”, organized as educational program for public health professionals, presenting and teaching methods and tools for risk assessment and management. Workshop tutors were from France, and they used cases from daily life and practice as didactic material, in form of case studies. Current problems from daily practice of state institutions and the Institute of Public Health were the ground on which methodological discussion was built (risk assessment of food contamination, incidence of malign diseases, health care risks, monitoring biological pollution of marine environment, radioactive waste disposal risk, and infective waste collection and management). (Motovun Gazette, no. 48)

5. Course “Schools of Democracy - Youth Councils” - it was held for the eight time in Labin, from 5 to 8 July. Apart from the students of Labin, representatives of elementary and secondary school from other counties attended the course, as well as a representative of Vukovar-Srijem Police Department, representatives of associations from Rijeka, Obrovac, Slatina, Vinkovci, and Zagreb, and guests from Norway. During the course, experiences were exchanged relating to projects of involving students in decision-making processes. On the last day, the central event took place in Labin Town Hall, where the session of Youth Council was held. Apart from other items on the agenda, decision-making on financing a project suggested by students drew most attention. First, three projects were presented: skate park construction, the ŠOHTA project, reconstruction and renovation of mining tower, and reconstruction of children’s park. After voting, two projects had equal vote; therefore, in accordance with the Rules and Regulations providing for such cases, one member of each group left the Town Hall, and the three representatives agreed on the winning project. The Reconciliation Committee voted for the skate park project, making it clear, however, that the project relating to renovation of mining tower should not be put aside in future, because it provides an interesting way to enrich tourist offer of the town. In the evenings, students socialized, and students from the schools which participated for the first time tried to gather as much information as possible from the more “experienced” member schools, in order to avoid unnecessary problems and carry out their tasks more easily. Such socializing took place all three days, and was very productive because it provided practical knowledge, in which first-hand information was gained, focusing on students’ current needs. (Motovun Gazette, no. 50)

6. Course: “The Media and Health - Mistakes in the Media and Health” - it was held from 7 to 10 July in Motovun. This year there were around 60 physicians, PRs employed by pharmaceutical companies, and journalists. Today, there are three basic ways to find out about mistakes in medicine: patient complaints (subjective feeling of discontent), documented health damage (objective fact of health damage - treatment-related disability or death), and professional assessment (awareness of mistake). Croatian public has recently been informed about mistakes in health on almost daily bases; therefore, this year’s course was dedicated to that very matter. In three days, the tutors’ presentations focused on addressing the complexity of every mistake in health. The whole course was full of intensive discussions, with occasional clashing views, making it dynamic and thus involving numerous participants in all its segments. There were heated discussions during round table, after some presentations, and in role-play on the second day. A small pilot survey on health of the journalists, as compared to other course participants, raised many stress-related issues commonly known for journalist profession. This course is important because of intangible values of networking and removing barriers between “sworn enemies”, journalists and health professionals. This year, once again, it has successfully achieved the same goals that make it unique in the world. (Motovun Gazette, no. 49)

7. Course: “Healthy Organizations, or How to Promote Health at Work Place - Physicians and Quality of Health Care” - it was held in Motovun, from 11 to 12 July. The course “Physicians and Quality of Health Care” was conducted as an analysis of conditions and activities that determine a health professional’s work place, especially a physician’s work place. Experiences and papers from four areas were presented: work place and health of physicians, physicians and safety at work, quality management and the role of physicians, and legal aspects of poor medical practice. In the workshop co-ordinated by prof. Jadranka Mustajbegović Dr.Sc. there were around sixty participants from Croatia,

Bosnia and Herzegovina, Israel, Slovenia, Austria, France, Serbia and Montenegro, and Macedonia. A round table entitled "Medical Mistake - Physician's Responsibility" was organized as a special part of the program, with representatives of the major institutions directly involved in the topic of physician's responsibility: Hrvoje Šobat (Croatian Medical Association), Nikolina Budić (Croatian Medical Chamber), Josip Mađarić (lawyer), Viktorija Bradić (Croatia Health Insurance), Egidio Čepulić (Croatian Medical Chamber), and guests prof. Reuben Eldar Dr.Sc. (Israel), Jean François Laurent (France), Franck Le Duff (France), prof. Rudolf Karazman Dr.Sc. (Austria). (Motovun Gazette, no. 51)

8. Course "Quality Management in Health Services" - it was held in Motovun, from 13 to 14 July. There were 68 experts from various fields, who thus had an opportunity to present their work in one place, and to discuss possibilities for development of specific programs for health system in Croatia. During the "Quality Management in Health Services" course, experiences from four segments of quality management were presented and discussed: data management and quality assessment, information systems as support for quality management, clinical work and quality, and quality management programs and systems, especially possibilities to use some organizational experiences and programs, such as accreditation of institutions and ISO standards. Experiences from France, Italy, and Israel were presented, along with Croatian quality management experiences, which were presented by experts from the Croatian Health Insurance Institute, hospitals, Association of Health Employers, Institute of Public Health, Croatian Medical Chamber, Croatian Medical Association, Andrija Štampar School of Public Health, and several companies specializing in support and quality management programs. A special event took place during the program on quality of health care, which was promotion of the book by prof. Reuben Eldar Dr.Sc. entitled 'Quality of Care - Central Subject in All Medical and Surgical Disciplines'. The promotion was organized jointly by the Croatian Medical Journal (CMJ), Medical Edition and by Andrija Štampar School of Public Health (Motovun Gazette, no.52).

- **10th Business Meeting of the Croatian Healthy Cities Network** - it was held in Labin, from 17 to 19 November 2005. There were around eighty participants from ten counties and sixteen cities. The central topic of this business meeting was **Experience from the Past and Challenges of the Future of Local Self Government in Croatia**. County and city project teams gave a series of presentations on the lessons learnt during past 18 years of activities aimed at improving health and quality of life in local communities. A round table was held with the topic of 'challenges of local self-government in Croatia', and a workshop with the topic of 'development of tools for healthy development and more efficient government of local community'. Workshop participants established that network member cities and counties need competence and skills in the following fields: motivation development, fostering youth activities, project management, activating local politicians, community empowerment (leaders, economy, politicians...), improving quality of work of public administration (ISO), improving financing and evaluation possibilities. "Older" network members are ready to share their knowledge and experience with new members, i.e. offer "mentoring" in the following fields: youth work (Metković, Split, Krapina-Zagorje County - addictions), improving quality of work of local self-government by introducing ISO standards (Istria County), developing programs for early breast cancer detection, improving quality of work in health system - TQM (Istria County), elderly work (Elderly Guide - Zagreb County), carrying out needs and resources analyses (quality and quantity) in local community, introducing evidence-based interventions, and involving local community (Metković). In the Assembly of the Croatian Healthy Cities Network, held on the last day of the Business Meeting, activity plan for 2006 was adopted, which will meet most of the above educational needs of the members.

c) Other Network activities

In the Network Assembly, held on 28 November 2003, the cities and the counties **adopted** the **PROGRAM DECLARATION OF THE CROATIAN HEALTHY CITIES NETWORK**, and the **Network**

membership criteria, which provide for membership rights and obligations. Given that **legal regulation** of relations between the Network members is one of the preconditions for improving quality of Network activities, a written request (letter dated 15 November 2004) was sent to the cities and the counties, asking them to submit their Decision on Joining to the Network Support Centre. In case such decision has not been passed, the cities and the counties should start the process of adopting the Healthy City / Healthy County project on the local level (local authorities, City Council or County Assembly), and forward a written application for Network membership by mid 2005. The following cities and counties have achieved timely confirmation of their status as network members: cities: Dubrovnik, Hrvatska Kostajnica, Karlovac, Metković, Opatija, Poreč, and Vinkovci; counties: Dubrovnik-Neretva, Istria, Krapina-Zagorje, Međimurje, Primorje-Gorani, Sisak-Moslavina, Varaždin, Virovitica-Podravina, Vukovar-Srijem, and Zagreb.

Meeting formal requirements for existence and activities of the Healthy City /Healthy County shall remain the priority, in order to both define project team status (city or county), and improve Network credibility in the process of application for the European Commission funding.

Throughout 2005, **the CHCN Web pages** have been changed and expanded with supplements on theme groups, **what do we do, and presentations of cities** with active projects and city identification cards, City Health Profiles and City Health Plans (provided they have been developed), in Croatian and English. A new part of the web has been expanded, featuring **Healthy Counties** and presenting the "Responsible Health Administration and Management Program", **County Health Profiles**, as well as Health Plans of the following counties: Dubrovnik-Neretva, Istria, Varaždin, Krapina-Zagorje, Vukovar-Srijem, Bjelovar-Bilogora (partial), Primorje-Gorani, Osijek-Baranja, Zagreb, Split-Dalmatia, Virovitica-Podravina, Sisak-Moslavina, Međimurje, Brod-Posavina, and Lika-Senj.

The most important project in 2005 was the start-up of the Epoch of Health magazine. So far, two issues of the Epoch of Health have been published, on soft A4 paper, in colour, on 32 pages, each in edition of 10.000 pieces. The aim of the first issue entitled "Politics and Health" was to present possibilities (ideas and practice) of the Healthy City and Healthy County program through examples of good practice, and in the context of pre-election activities. The second theme issue entitled "Democracy and Health", was entirely dedicated to youth empowerment and education for democratic citizenship. The third will also be a theme issue, dedicated to the elderly in Croatia. Its publication is expected by the end of the year. The first two issues were distributed to co-ordinators (200 pieces per city or county), in order for them to distribute the magazine to their target audience (local administration, politics, institutions, social and non-governmental organizations). The Network Support Centre sent copies of the magazine to all national (Parliament, Government, Ministries, associations), and international (WHO) partners.

Defining the framework for European Healthy Cities Network in the 4th project phase (2003-2008), the WHO, Regional Office for Europe, established three major development topics of this phase: a) healthy urban planning, b) health influence assessment, and c) healthy aging. In order to facilitate access to European knowledge and experience for our members, every year we translate and publish some of strategic publications of the WHO. After the book "Healthy Urban Planning", this year the Croatian translation of educational package entitled "Health Influence Assessment", developed through 2-year PHASE project of the European Union, was published. Translation of the first publication, out of four, is available at our web pages, provided by dr. Danijela Lazarić-Zec and dr. Ankica Džono-Boban.

In 2005, the **thematic, interest gathering of cities** has continued, too. This year, particular effort has been invested in forming the following groups: elderly quality of life (Vinkovci,- April 2005, Zabreb - June 2005, Motovun - July 2005, Zabreb - October 2005, Labin - November 2005), health influence assessment (Motovun - July 2005), healthy urban planning (Motovun - July 2005), social marketing (Tuheljske Toplice - February 2005), media and health (Motovun - July 2005), schools of democracy -

youth councils (Labin - July 2005), and improving quality of work in health system (Motovun - July 2005). The results of the groups have been presented in Motovun Gazettes, and Reports of the Croatian Healthy Cities Network.

In 2005, the “**Responsible Health Administration and Management Program**” entered its second phase. To remind you, the “Responsible Health Administration and Management Program” was started up in 2002, as a partner project carried out in conjunction with the Ministry of Health, the Ministry of Labour and Social Welfare, the Counties, and Andrija Štampar School of Public Health. The Program aim was to assist local government bodies in decentralisation of the health system and social welfare. There have been changes in the leading positions of the Ministry of Labour and Social Welfare, and the decentralisation project was stopped. However, since 2004 the project has continued, as a part of the Croatian Healthy Cities Network. By the end of 2004, **fifteen counties completed the program**, whereas nine counties have continued in the second phase (Dubrovnik-Neretva, Istria, Krapina-Zagorje, Osijek-Baranja, Vukovar-Srijem, Primorje-Gorani, Zagreb, Sisak-Moslavina, and Virovitica-Podravina).

Co-operation with the bodies of the state government has continued, especially with the Ministry of European Integrations (EU accession funds), the Ministry of Health and Social Welfare (Health Fair, Motovun Summer School), and Ministry of Environmental Protection, Urban Planning, and Architecture (Motovun Summer School).

The project entitled “Creating Preconditions (Human and Organisational Infrastructure) for Elderly Care Services Improvement in Six Croatian Regions” did not win CARDS funding; however, it was self-financed, and in 2005 we continued program activities aimed at comprehensive elderly care development. A series of workshops was held, taken by six counties that did a pilot project of participative needs assessment of the neediest elderly, and available resources assessment.

2. Local

Rijeka has successfully completed, whereas Zagreb is still in the process of accreditation for the 4th phase (2003-2008) of the European Healthy Cities Network, of the World Health Organization, Office for Europe.

In 2005, the Counties of Istria and Krapina-Zagorje have produced their County Health Plans, and have carried them out via local authorities and councils.

3. International

Cooperation with the **Centre for Disease Control and Prevention from Atlanta, USA**, has been going on since 2001, through the “Responsible Health Administration and Management Program” (Healthy Counties) present Croatian experiences.

In 2005, there has been a very active cooperation with **Macedonia, Serbia and Montenegro, and the Federation of Bosnia and Herzegovina** aimed at sharing experiences gained in the “Responsible Health Administration and Management Program” (Healthy Counties).

In 2004, we started cooperation with **Veneto Region** (ULSS 17 and IAL) on comprehensive elderly care (health and welfare).

The second business meeting of the cities and national networks of the **European Healthy Cities Network** of the World Health Organisation, Office for Europe, was held in **Bursa**, Turkey, from 21 to 24 September 2005. Croatian delegation consisted of representatives of Rijeka and Zagreb, besides the Network representatives.

CHCN's cooperation with Norway in the project Schools of Democracy – Youth Councils has been going on for nine years. Meetings of teachers and students of the “School of Democracy” are regularly held every year in July in Labin, as part of Motovun Summer School of Health Improvement. The cooperation with Norway is largely supported by the Ministry of Foreign Affairs of the Kingdom of Norway, which by way of financial support, for already seven years in a row, has enabled visits by our students and teachers to Norwegian schools of democracy. In 2005, along with the representatives from Croatia, representatives of Bosnia and Herzegovina and Montenegro also visited Norway. Youth Councils are already active in Labin, Metković, Rijeka, Slatina, Varaždin and Vinkovci.

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Report on implementation of Program Partnership of the CHCN and Healthy Counties

In 2005, the following actions were taken in the 2nd Phase of the program “Health Administration and Management in Local Government and Self-Government”

1. educational and coordination meetings of three-member management groups
 - February, Tuheljske Toplice- topic: “Social marketing or how to promote health topic in political campaigns”
 - April, Vinkovci - topic: “Qualitative analytic approach in assessment of elderly health and social needs”
 - July, Motovun - topic: “Development of comprehensive elderly care on county level”
 - November, Labin - topic: “Experiences from the past and challenges of the future of local self-government in Croatia”
2. program “Creating Preconditions - Human and Organisational Infrastructure - for Improving Elderly Care on County Level (four meetings)
 - **county project team training** “elderly” - four workshops were held: Vinkovci - April, Zagreb - May, Motovun - July, Zagreb - October, addressing the following topics: assistance in choosing samples for elderly needs identification, assistance in data analysis and interpretation, assistance in evaluation of adequacy of existing services, and comparison of identified needs with existing services (unmet needs, lack of services, overlapping)
 - **service provider training** - “trainer training” - basic knowledge and skills for improving communication with and understanding of the elderly (one workshop - Zagreb, December).
3. program of quality improvement in health TQM workshop for representatives of one of the county-owned health providers (one workshop - Zagreb, December).
4. Conference “AREA DISTRIBUTION OF CARDIOVASCULAR RISKS IN CROATIA”, 2 December 2005
5. evaluation of the achievements, 1st phase of the project “Health Administration and Management in Local Government and Self-Government”, on the local and regional levels (creation of evaluation framework and instruments during 2005)

DRAFT OF THE PROGRAM FOR HEALTHY CITIES NETWORK ACTIVITIES IN 2005

Regular annual activities of the Network

Tenth "Health Fair" will be held **from 21 to 23 April in Vinkovci**. During the Fair, the **Electoral Meeting** of the Croatian Healthy Cities will be held, along with a **conference entitled "Health Improvement - with the Youth and for the Youth"**, as well as a **round table** with the following topic: **"Employment Possibilities for Disabled People in Croatia"**.

20 May 2006 - HEALTHY CITIES DAY

Thirteenth Motovun Summer School of Health Improvement will be held from **1 to 16 July 2006**.

The following working meetings, courses and workshops have been suggested: Workshop "Health Influence Assessment"; Workshop "Qualitative and Analytical Approach to Defining Causes and Effects of Early Youth Drinking in Croatia"; Course "Differences and Similarities of Improving Mental Health in European Countries and Croatia"; Course "Health and Health Policy - Healthy Aging"; Course "Risk Management"; Course "Schools of Democracy - Youth Councils"; Course "The Media and Health"; Course "Health Improvement at Work Place"; and Course "Quality Management in Health".

Business meeting of the Croatian Healthy Cities Network will be held in **Dubrovnik** from 28 to 30 September 2006.. **The central topic** of the business meeting will be **Planning for Health on the Local Level** - analysis of successes and failures in implementation of the first phase of the "Health Administration and Management in Local Government and Self-Government" program.

Other Network activities

Three new issues of the Epoch of Health will be published.

Achievements of the first phase of the "Health Administration and Management in Local Government and Self-Government" program will be evaluated on the regional and national levels.

Evaluation framework and evaluation instruments for the Healthy City project will be created on the local and regional levels (as well as award-winning criteria for the twentieth anniversary).

The book entitled "Croatian Healthy Cities" will be in the pipeline.

At least two applications for European Accession Funds will be submitted.

Program Partnership of the CHCN and Healthy Counties in 2006 or

Continuation of the 2nd Phase of the program “Health Administration and Management in Local Government and Self-Government”

Activities in 2006:

1. educational and coordination meetings of three-member management groups (four meetings)
 - a. January, Zagreb - preparation for **Evaluation Workshop**
 - b. April, Vinkovci - start up of the project **Qualitative and Analytic Approach to Defining Causes and Effects of Early Youth Drinking in Croatia**
 - c. July, Motovun - **analysis of successes and failures in implementation of the first phase of the “Health Administration and Management in Local Government and Self-Government”** program, on the regional and national levels - What can we learn?
 - d. September, Dubrovnik - monitoring techniques, and **analysis of implementation processes of County Health Programs**

2. program “Creating Preconditions - Human and Organisational Infrastructure - for Improving Elderly Care on County Level (four meetings)
 - a. **county project team training** “elderly” - assistance in evaluation of adequacy of existing services, and comparison of identified needs with existing services (Zagreb, January), assistance in analysis of pilot project results, and its spreading to the whole county (Vinkovci, April), assistance in pilot project set-up - providing new services and establishing county coordination for the elderly (Motovun, July)
- **service provider training** - “trainer training”. Local and county group of trainers will be provided basic knowledge and skills, aimed at improving communication with and understanding of the elderly (Zagreb, June)

3. program “Qualitative and Analytical Approach to Defining Causes and Effects of Early Youth Drinking in Croatia”, (three meetings)
training of “youth” county project team - collecting existing experiences in youth work and their presentation at the **Conference** entitled **“Health Improvement - With the Youth and for the Youth”** (Vinkovci, April), assistance in selecting research samples - Workshop: “Qualitative and Analytical Approach to Defining Causes and Effects of Early Youth Drinking in Croatia” (Motovun, July), assistance in data analysis and interpretation (Zagreb, October)

4. program of quality improvement in health TQM workshop for representatives of one of the county-owned health providers (Zagreb, January, plus one more if necessary)

5. program cardiovascular diseases - Conference: “INTERVENTIONS INTO POPULATION CARDIOVASCULAR RISKS IN CROATIA” (Zagreb, December)

6. evaluation of the achievements of the first phase of the “Health Administration and Management in Local Government and Self-Government”, project on the regional and national levels
 - a. February, Topusko - evaluation workshops
 - b. July, Motovun - joint analysis of preliminary results
 - c. September, Dubrovnik - public presentation of the results and co-ordinated discussion

Summary of the 2004 financial report with specification of income (and its sources) and expenditure

Receipts:

- membership fee of member cities and counties	kn 155.000,00
- funds from government budget	kn 0,00
- funds from the budget of the City of Zagreb	kn 100.000,00
- funds from the budget of Crikvenica	kn 27.500,00
- funds from the budget of Dubrovnik-Neretva County	kn 9.580,00
- payments for Motovun Summer School	kn 12.360,00
- funds transfer - Medical school	kn 4.500,00
- income from co-operation with Direzione ser.Sociale Italia	kn 31.861,76
- income from interest	kn 301,69
- receipts/expenses difference in 2003 carried forward	kn 76.833,54
TOTAL:	kn 417.936,99

Expenses:

- stationery	kn 19.274,86
- mailing expenses and the internet	kn 2.928,00
- promotion services	kn 10.298,70
- intellectual services and fees	kn 230.637,47
- travel expenses, petrol	kn 74.633,86
- entertainment expenses	kn 7.331,85
- bank services	kn 1.465,25
- other outsourced services	kn 10.718,98
TOTAL:	kn 357.288,97

Receipts/Expenses difference in 2004 amounted to kn 60.648,02.

SUMMARY OF THE 2005 FINANCIAL PLAN

RECEIPTS

Receipts - county program partnership	kn 288.000,00
Receipts - organization of Motovun School	kn 18.130,00
Receipts from membership fees	kn 240.000,00
Receipts - the budget of Poreč	kn 28.400,00
Receipts from Medical School funds transfer	kn 3.431,67
Receipts from co-operation with Direzione ser.Sociale Italia	kn 20.290,00
Receipts from interest / exchange rate differentials	kn 360,00
Receipts/expenses differences in 2004 carried forward	kn 60.648,02

kn 659.260,32

Reversal receipts we did not realize (unpaid membership fees
and program partnership) **kn 130.000,00**

kn 529.260,32

EXPENSES

Stationery	kn 6.939,23
Mailing expenses and the Internet	kn 19.900,30
Author's fee royalties	kn 264.594,68
Intellectual services (bookkeeping, graphic design, etc.)	kn 21.960,00
Travel expenses, petrol	kn 58.252,56
Entertainment expenses	kn 8.775,97
Bank services	kn 1.182,35
Lease of seminar facilities (Tuheljske, Press Hall)	kn 4.950,00
Negative exchange rate differentials	kn 100,27
Student contracts	kn 1.747,30
Costs of magazine and Motovun map	kn 60.244,61

kn 448.647,27

Receipts/Expenses difference in 2005 amounted to kn 80.647,27.
